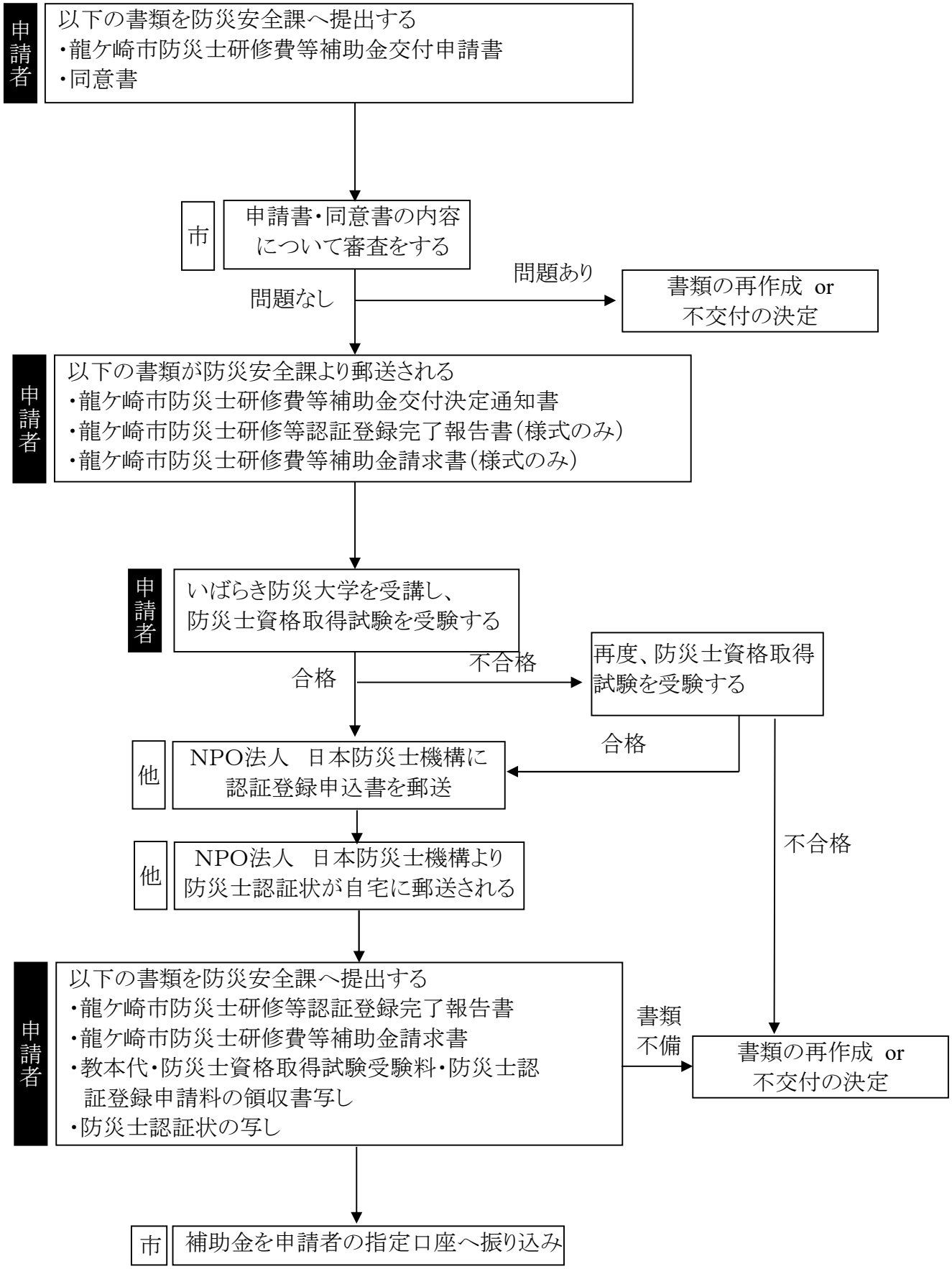龍ケ崎市防災士研修費等補助金交付の流れ